

## 2024 LEGION NATIONAL YOUTH TRACK & FIELD CHAMPIONSHIPS

## ATHLETE RULES AND REGULATIONS

- 1. All athletes must attend the Championships for the duration of the event (7-13 August 2024). Early departure is not permitted.
- 2. Room keys are to be kept with you at all times. There is a replacement fee for a lost key (to be determined by the host facility). Replacement keys will not be provided until payment has been received.
- 3. All athletes are required to use the buddy system and are never to be left alone with a chaperone or coach in a one-on-one situation.
- 4. When mixed company is in a room, doors must be left wide open.
- 5. You must lock the door to your room when you leave it or retire for the night.
- 6. Once registered into your room, you will be responsible for any damages caused. Report any damages to your chaperones immediately.
- 7. You are required to make your beds and keep your room tidy.
- 8. Washrooms, baths and showers are shared, so please leave these areas clean.
- 9. The quarters will provide bed linen. No other amenities are provided. It is strongly suggested that participants bring shampoo, soap, etc.
- 10. Help keep the residence, cafeteria, and grounds clean. Do not throw refuse around the grounds. Use the proper receptacles for trash. Please clean up after yourself!
- 11. You must not leave campus without prior authorization from your chaperone and are required to report in on your return. No off-site visits will be permitted on Friday, Saturday and Sunday. Parents or guardians must be made aware of these restrictions.
- 12. You are not allowed to use or have in your possession any alcoholic beverages or illegal drugs. Any infraction of this rule, or misbehaviour, will result in immediate contact with your parents, return home and/or possible suspension up to two years by your Provincial Athletic Association.





- 13. All athletes must be on their respective floors by 22:30 pm, in your room by 22:45 and adhere to curfew, which is 23:00 every evening. Curfew means lights out, sound systems off, doors closed. There are no exceptions.
- 14. All athletes must attend the training camp clinics, regardless of whether they have a minor injury or are tired. Athletes are not permitted to be in the residence during clinic sessions.
- 15. Unauthorized persons are not permitted in the residences. Report any suspect person to your chaperone or coach immediately.
- 16. You are not permitted to have or bring "wheels" on the campus, nor can they be rented, i.e. cars, skateboards, roller blades, bicycles, etc.
- 17. Cellular phones and iPods are to be turned off during clinic sessions and at curfew. As well, improper use of cell phone cameras or any other picture taking device will not be tolerated.
- 18. You are encouraged to bring a formal outfit for the Closing Banquet. Medal winners are also encouraged to wear their medals at the Closing Banquet.
- 19. Policy on airline ticket changes: Once a participant's itinerary is finalized and the airline ticket has been issued, no further changes will be made, except in special circumstances. Any associated charges will be the responsibility of the individual.
- 20. You must have your Provincial Health Card in your possession at all times. As well, **you have been provided with an event name tag, and lanyard which you need to wear at all times. Report any losses to your Chaperones immediately.**
- 21. Individual privacy is of the utmost importance and will be respected at all times. As such, behaviour which infringes on an individual's privacy is considered a major infraction with corresponding results. This includes the improper and unethical use of picture taking devices and the transmission of such images during and after the event. The Royal Canadian Legion has an Abuse/Harassment Policy in effect occurrences will not be tolerated, nor will joking references or inappropriate comments. If you have reason to believe that you are the victim of any inappropriate behaviour, you must immediately report it to YOUR CHAPERONES, the Dominion Command Head Chaperones or to ANY MEMBER on STAFF. Such allegations will be treated very seriously and all appropriate steps will be taken. We are here to assist you and protect you in any way we can; so please if you have concerns regarding harassment, abuse or anything which MIGHT stop you from enjoying this week, go to whichever one of us that you feel most comfortable talking to.
- 22. Athletes are responsible for their own personal items at all times and must ensure valuables are secured. This includes, but not limited to, the quarters, at the clinics and while competing.





The Legion is not responsible for lost or stolen property and reimbursement for such losses is the responsibility of each individual's personal insurance coverage.

